

**JSS COLLEGE OF ARTS, COMMERCE AND SCIENCE,  
(Autonomous)**

**B.N.ROAD, MYSURU 25**

# **MASTER OF SOCIAL WORK**

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**MSW**

## **SYLLAB US**

**CREDIT BASED, CHOICE BASED CONTINUOUS ASSESSMENT PATTERNED  
EDUCATION SYSTEM**

(Regulations, Scheme of Examination and Course Content)

**2017-18**

**P.G. DEPARTMENT OF SOCIAL WORK**

## DISTRIBUTION OF COURSE CONTENT AND CREDITS

### MSW- I Semester

#### Compulsory additional papers for non BSW students

Sl. No.	Code No.	Paper Title	L	T	P	Credits
1	NSW-1	Social Science Perspectives for Social Work Practice	-	-	-	-
2	NSW-2	Term Project	-	-	-	-

1. A bridge course will be conducted for a period of 5 days covering the required course input. There are no credits allotted to this course and no written examination too. However, attendance of 75% is compulsory.

#### 2. Paper code: NSW2 : **Term project:**

The term project is a team-exercise consisting 3 to 5 students. The team is expected to select a theme relevant to current social issues in consultation with the supervisor and make an exhaustive survey of literature on the chosen theme including empirical studies made on the same.

Further, the group shall also collect the experiences or opinions of people on the issues and make a detailed presentation. Flexibility is accorded in planning and executing the term project. Creative and analytical approaches are to be carried out under the direct supervision of a faculty supervisor.

The report of the term project has to be submitted before the end of theory examination of the first semester. The term project is offered only for the non-BSW students. However, students with BSW background are also encouraged to

opt for the term project, as an innovative approach in social work, if they desire so.

### **DISTRIBUTION OF CREDITS**

<b>Sl. No.</b>	<b>Course Type</b>	<b>Credits</b>
<b>1</b>	<b>HARD CORE (HC)</b>	<b>52</b>
<b>2</b>	<b>SOFT CORE (SC)</b>	<b>20</b>
<b>3</b>	<b>OPEN ELECTIVE (OE)</b>	<b>04</b>
	<b>TOTAL</b>	<b>76</b>

### **Semester- wise Distribution of Course Content and Credits**

#### **I Semester**

<b>Sl. No.</b>	<b>Course Code</b>	<b>Course Title</b>	<b>L:T:P</b>	<b>Credits</b>
1.	SWA010	Social Work - History and Ideologies	2:1:0	3
2.	SWA020	Work with Individuals and Families	2:1:0	3
3.	SWA030	Work with Groups	2:1:0	3
4.	SWA040	Work with Communities	2:1:0	3
5.	SWA050	Human Growth and Development	2:1:0	3
6.	SWA060	Social Work Practicum – I	0:1:2	3
		<b>Total</b>		<b>18</b>

### II Semester

<b>Sl. No.</b>	<b>Course Code</b>	<b>Course Title</b>	<b>L:T:P</b>	<b>Credits</b>
1.	SWB010	Social Work Research and	2:1:0	3

		Statistics		
2.	SWB020	Management of Developmental and Welfare Services	2:1:0	3
3.	SWB030	Social Work Practicum – II ( Social Work Camp and Summer Placement)	0:0:3	3
4.	SWB040	Social Work Practicum - III	0:1:2	3
5.	SWB220/ SWB240	Communication and Counselling / Gandhian Approach To Welfare & Development	3:1:0	4
6.	SWB210/ SWB230	I)Personal and Professional Growth  OR  II)Population and Environment	2:1:0	3
			<b>Total</b>	<b>19</b>

### III Semester

Sl. No.	Course Code	Course Title	L:T:P	Credits
1.	SWC010	Human Resource Management	2:1:0	3
2.	SWC020	Social Work Practicum – IV	0:1:2	3

3.	SWC030 SWC040	Employee Relations and Legislation / Social Work With Rural & Tribal Communities	2:1:0	3
4.	SWC220 SWC250	Preventive and Social Medicine and Medical Social Work / Rehabilitation & After Care Services	2:1:0	3
5.	SWC230/ SWC240	I)Social Policy, Planning and Development  OR  II)Legal System in India	2:1:0	3
6.	SWC510	Gerontological Social Work	4:0:0	4
	SWC610	Society and Social Work		
			<b>Total</b>	<b>19</b>

#### IV Semester

Sl. No.	Course Code	Course Title	L:T:P	Credits
1	SWD060	Organizational Behavior and Organizational Development	2:1:0	3

2	SWD020	Mental Health and Psychiatric Social Work	2:1:0	3
3	SWD050	Major Project	0:2:4	6
4	SWD030	Social Work Practicum – V	0:1:2	3
5	SWD040	Social Work Practicum – VI ( Block Placement)	0:0:2	2
6	SWD210/ SWD220	Human Resource Development and Employee Wellness/Case Studies	3:1:0	4
			<b>Total</b>	<b>21</b>

**Note:** In a Semester for only one Soft Core Course, there can be two choices.

### **Programme Outcomes of Master of Social Work**

PO1: Develop the capacity to project self as a professional.

PO2: Equipped to work in various fields of Social Work

PO3: Equipped with the knowledge of Social dynamism with the experience of working in different settings in their field work practice.

PO4: Develop the skills and capacities to work in a multidisciplinary team.

PO5: Imbued with the core values and principles of Social Work and develop the ability to apply the same.

PO6: Develop the capacity to undertake Research.

### **Programme Specific Outcomes:**

PSO1: Equip to work in the Community Development Programmes.

PSO2: Develop the capacity to work in the field of Human Resource as Labour Welfare Officers, HR Executives and liaison officers.

PSO3: Develop the skill to work as medical and psychiatric social workers.

PSO4: Equip with the skill to work in family and Child Welfare Centres.

PSO5: Develop the capacity to work in correctional settings.

#### **Name of the Programme:**

The Programme shall be called '**Master of Social Work**' (MSW).

#### **Duration of the Course:**

The Programme of study **for MSW Degree** shall extend over a period of four semesters spreading over two academic years.

#### **Regulations:**

**ELIGIBILITY FOR ADMISSION TO MSW COURSE**



Candidates who have passed BSW/ BA / B.Sc. / B.Com. / BBM/ B.C.A / LLB of the University of Mysore or any other university recognized as equivalent there to are eligible for admission to MSW course. Candidates will be selected for admission as per the general guidelines issued from the University of Mysore from time to time. The Department/University shall conduct entrance examination for admission to the course.

The examination is of two hour duration and the question paper comprises of 100 objective type questions - 20% questions from general knowledge and current social issues, 60% from science & social sciences, and another 20% questions will be from reasoning and numerical ability. Merit will be assessed on the basis of performance in the entrance examination and performance in the undergraduate examination on equal weightage.

### **Odd semester (I Semester)**

<b>Course</b>	<b>Title:</b>	<b>Course code: NSW -1</b>	
<b>SOCIAL</b>	<b>SOCIAL</b>	<b>SOCIAL SCIENCE</b>	<b>PERSPECTIVES FOR</b>
		<b>WORK PRACTICE</b>	

### **INTRODUCTION**

This course provides the learners basic understanding of relevant concepts from social sciences to help the learners to study and understand social phenomenon. Further, it helps the learner develop skills for social analysis and understand developmental processes.

## Course Outcome

- CO      Understand the concepts to examine social phenomenon.  
1  
CO      Develop skills to analyse Indian society and change.  
2  
CO      Understand change and conflict.  
3  
CO      Understand the system for economic order.  
4  
CO      Develop skills for social analysis.  
5  
CO      Understand the development and its impact.  
6

## Course Content

### UNIT I

Sociology and its relationship to other disciplines: Meaning, scope and significance - Its relationship with other social sciences such as History, Economics, Politics, Psychology, Anthropology and Social work.

Society and Culture: Society as a system of relationship - Social Structure: Meaning, status and roles - Culture: Meaning and contents-Tradition, customs, values, norms, folklore and mores.

Indian Society: Composition of Indian Society: the concept of unity amidst diversity

- Social classification in India: Tribal, rural and urban divisions - Social stratification in India: Meaning, caste, class divisions.

Socialization: Meaning, process of socialisation - The development of self - Agencies of socialisation.

### UNIT II

Social Groups, Social Institutions and Social Control - Meaning and types: Primary and Secondary groups, in-groups and out-groups, reference groups - Types of social institutions: Marriage, Family, Religion, State and Law.

Meaning and Functions: Social Control exercised through the social institutions

Social Change: Meaning, characteristics and factors inducing change with reference to India.

Social Movements in India: Meaning, factors essential for a Movement - Dominant social movements in India - Social reform movement and contributions of social reforms - Peasant movement - Trade Union movement - Social movements and social change in India.

### UNIT III

Development - A Human Right Perspective: Social Ideals of Indian Constitution - Fundamental Rights - Human Rights.

Socio-economic order and comparative economic system: Capitalism, Socialism and Mixed economy, their features, merits and demerits - Marxian political economy.

Social Analysis: Significance of social analysis: A brief analysis of socioeconomic, political and cultural systems - Inter-linkages in the Indian context.

#### **UNIT IV**

Under-development and its causes and Contemporary Development Dynamics: A historical overview with reference to developing countries of Asia, Africa and Latin America - North-south relations, world trades, Multinational corporations and their influences on Third World economics - Trends and counter trends (Paradoxes) in the global, political, economic, military, ecological and socio-cultural spheres.

Theories of Economic Development, Globalisation and its impact on Developing Countries: Stages of growth theory - Structural internationalist theory  
Privatization, liberalization and structural adjustment programmes - Role of international financial institutions.

#### **REFERENCES**

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Pettiford (Ed.) 1998      Rebuilds up the Third World, London: Macmillan Press Limited.
22. Narang, B. S., and  
Dhawan , R. C. 1983      Introduction to Social Sciences, Delhi: C.B.S. Publication.
23. Panday Rajendra. 1986      The Caste System in India-Myth and Reality, New Delhi: Criterion Publication.
24. Pandey, A. K. 1997      Tribal Society in India, New Delhi: Manak Publishing Ltd.
25. Rao, D. Bhaskar, 1998      World Summit for Social Development, New Delhi: Discovery Publications.
26. Rao, V. Lakshmana 1994      Essays on Indian Economy, New Delhi:

- Ashish  
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**Paper code: NSW 2**

**TERM PROJECT**

The term project is a team-exercise consisting 3 to 5 students. The team is expected to select a theme relevant to current social issues in consultation with the supervisor and make an exhaustive survey of literature on the chosen theme including empirical studies made on the same.

Further, the group shall also collect the experiences or opinions of people on the issues and make a detailed presentation.

Flexibility is accorded in planning and executing the term project. Creative and analytical approaches are to be carried out under the direct supervision of a faculty supervisor.

The report of the term project has to be submitted before the end of theory examination of that semester to the Department of Social Work, University of Mysore, Mysore through the supervisor and Chairman/Principal of the college.

The term project is offered only for the non-BSW students. However, students with BSW background are also encouraged to opt for the term project, as an innovative approach in social work, is they desire so.

Evaluation of the term project will be done along with the viva-voce examination by the viva-voce committee, constituted for the assessment of social work practicum or similar committee may be constituted, if required.

Odd semester

Course code: SWA010

**Course Title: SOCIAL WORK - HISTORY AND IDEOLOGIES**

### **INTRODUCTION**

This course aims at introducing the learners to a critical inquiry into the history and ideologies of social change and professional social work.

### **Course Outcome**

- CO  
1      Learn the details of Indian History of Social work Profession
- CO      Understand in depth Values and principles of Social work

2

CO  
3 Identify in depth Indian Ideologies for social change in Ancient Period

CO  
4 Deliberate the details of Contemporary Ideologies for Social change

CO  
5 Learn the details of Western Ideologies for Social Change and History of Social Work

## **Course Content:**

### **UNIT I**

Indian History of Social Work Profession: Introduction - Beginning of social work education - Welfare versus developmental orientation in social work - Professionalization of social work values, education, knowledge and professional associations - Goals, values, functions/roles and process of social work - Interface between professional and voluntary social work, social work ethics.

### **UNIT II**

Indian History of Ideologies for Social Change -Ancient period: Vedic, Vedantic and non-Vedic Ideologies, Spirituality - Medieval period: Zoroastrianism and Islam in India - Mysticism of Bhakti and Sufi movements and Sikhism.

Modern period: Christianity in India - Hindu reform movements - Dalit movements  
- Gandhian ideology and Sarvodaya movement - Nationalism - Ideology of the Indian Constitution - Ideology of voluntary organisations and voluntary action.

### **UNIT III**

Contemporary Ideologies for Social Change: Neoliberalism and Globalisation - Post modernism - Multiculturalism - Ideology of action groups and social movements - Ideology of non-governmental organisations.  
Role of state in providing social welfare services.

### **UNIT IV**

Western History of Ideologies for Social Change: Organized and scientific charity - Beginning of social work education - Clinical social work - Ecological social work - Attributes of a profession.

Western History of Social Work Profession - Medieval period: Judeo-Christian- ideologies - Secular humanism and Protestantism - Modern period: Rationalism and Welfarism - Liberalism and democracy - Utilitarianism and Social Darwinism - Socialism and human rights - Emerging ideologies of professional social work.

## **REFERENCES**

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Mastering Social Welfare, Macmillan Master Series, London, Macmillan Education Ltd.

Journals/ Magazines

Economic and Political Weekly, The Indian Journal of Social Work, Lokayan Bulletin and Vikalp.

Odd semester

Course code: SWA 020

**Course Title: WORK WITH INDIVIDUALS AND FAMILIES**

### **INTRODUCTION**

This course aims to develop simple to complex skills of working with individuals and families in various crises, preventive, facilitative and developmental.

Course Outcome:

- CO 1 Learn in details with application of social case work as method of Social Work
- CO 2 Learn in detail the Values and principles of Social Case work
- CO 3 Learn the details of theories and process of Casework
- CO 4 Specify in depth application of Social Case work in different settings

## **Course Content**

### **UNIT I**

Social casework: Definitions, scope, historical development - Influence of psychoanalysis on casework - Introduction of casework as a method of social work - Concepts of adjustment and maladjustment - Philosophical assumptions and casework values.

Principles of casework: Individualization, acceptance, non-judgmental attitude, participation, relationship, effective communication of feeling, client self-determination, and confidentiality.

Components of social casework: The person, the problem, the place and the process. Process in casework: Study, assessment, intervention, evaluation, follow-up, and termination.

### **UNIT II**

Types of problems faced by Individuals and families; individual differences and needs - Family assessment in casework practice.

Theories and approaches: Psycho-social approach, Functional approach, Problem-solving approach, Crisis Theory, Family intervention, Behavioural modification, Transactional analysis and Holistic approach.

### UNIT III

Tools for Help: Case work tools: Interview, home visit, observation, listening, communication skills, rapport building.

Records: Nature, purpose and principles of recording.

Techniques of casework: Supportive, resource enhancement and counseling.

Self as a professional: Professional self - Conflicts and dilemmas in working with individuals and families.

### UNIT IV

Application of Method: Primary and secondary settings - Application of methods in family, women, and child welfare settings, marriage counselling centres, schools settings, medical and psychiatric settings, correctional institutions, and industry.

### REFERENCE

#### S

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Publications
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Introductory  
Description, New York: Sage Foundation.
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Odd semester

Course code: SWA

030

**Course Title: WORK WITH**

## **GROUPS INTRODUCTION**

This course aims at developing the understanding of Group Work as a method, developing skills for intervention, and gaining knowledge of the scope of this method in various settings.

### **Course Outcome:**

- CO 1 Identify in detail the concept of group and group work
- CO 2 Learn the process of Group Work
- CO 3 Understand in depth Group dynamics and skills in group work
- CO 4 Learn in depth application of Group work in different settings

### **Course Content**

#### **UNIT I**

Introduction and history of Group Work: Understanding of groups - Characteristics and significance of group - Definition of Social Group Work - Characteristics of Social Group Work - Purpose of Social Group Work; Historical evolution of group work with special emphasis on the Indian Context.

Type of Groups: Types and approaches based on objectives and purpose -

Type of membership - Time duration - Social group work in different settings

and analysis of group processes.

Values and Principles in group work and Characteristics of Group formation: Values in social group work- Principles in group work - Assumptions underlying social group work - Factors of group formation - Formulation of goals - Identification of problems for work.

Pre-group and Initial Phase: Planning model - Characteristics of pre group phase - Group structures - Facilitation skills and role of worker in pre-group and initial phase.





## **UNIT II**

Group Processes and Group Dynamics: Importance of group processes - Typical patterns - Processes in different type of groups - Worker's skills in identifying and understanding processes - Bond, sub-groups, role. Leadership - Isolation - Decision making - Conflict - Communication - Relationships.

## **UNIT III**

Middle Phase and Use of Program: Characteristics of middle phase - Group structures - Group dynamics - Facilitation skills - Role of group workers - Comparison across phases - Concept and principles - Program planning - Skills in program planning

Facilitation: Knowledge of skills and techniques for effective work with groups/problem solving.

Recordings in Group work: Importance of recording in social group work - Principles of recording - Recording structure - Types of recording.

## **UNIT IV**

Evaluation in Groups and Termination Phase : Importance of evaluation - Types of evaluation - Methods of evaluation - Need for termination - Types of termination - Characteristics of termination phase - Worker's skills.

Application of Group Work: Application in health settings, school settings, family welfare settings, industrial settings, women and child welfare settings.

## **REFERENCE**

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Odd semester  
Course  
code:SWA040

**Course Title: WORK WITH**

## **COMMUNITIES INTRODUCTION**

Community organization / development, as a method of social work practice, is seen as a means to facilitate communities towards self-directed change. It takes as its basis the inequalities in society manifested through processes of marginalization, discrimination or disempowerment of groups, which have resulted in the loss of control over resources, be they tangible or intangible. The strategies of Community Organisation practice being addressed as part of the course cover a range spanning different ideologies, from those being people-initiated, and those that are initiated by the elite. Community organization is seen as a means as well as an end, where collective processes are to sustain the community's capacity to bring about change.

### **Course Outcome**

- CO1 Learn in details with examples concept of Community and Community organization Practice
- CO2 Deliberate in details with examples Understanding Human Rights in Community
- CO3 Learn in depth models and strategies of Community Organization
- CO4 Understand the skills of Community organizer
- CO5 Understand in depth Micro and macro policies of community Organizaion

### **Course Content**

#### **UNIT I**

Community: Concept, characteristics, types and functions.

Understanding of community organisation practice: Definition of community organisation, values and principles of Community Organisations, ethics of community organisation practice.

Community Organisation Practice: Community work within social work, Understanding Human Rights in community organisation practice. Historical development of community organisation practice.

Power: Concept of power - The range of perspectives - Dimensions of power relevant to community organization.

Empowerment: Concept of Empowerment - Barriers to, process and cycle of empowerment.

Gender and Empowerment: Gender sensitive community organization practice

## **UNIT II**

Models and Strategies of Community Organization - Locality Development Model - Social Planning Model - Social Action Model - Select methods of public interest mobilization, litigation, protests and demonstrations, Dealing with authorities, Public Relations, Planning, Monitoring and Evaluation - Roles in different models attributes and attitude.

## **UNIT III**

Community Organization as a Method: Relevance of community organisation as a method across different spheres of social work intervention and relook at own attitudes.

Skills of Community Organization Practitioner: Problem analysis, resource mobilization, conflict resolution, organizing meetings, writing and documentation, networking, training.

## **UNIT IV**

Strategy and Roles: Unionization as a strategy - Advocacy in community organization.

Current debates in Community Organisation Practice: Emerging issues - Impact of macro policies.

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**Course            code:**

**SWA050**

**Course Title: HUMAN GROWTH AND**

### **DEVELOPMENT INTRODUCTION**

The course aims to introduce the learners to the development of the individual across the life span, in a system and an ecological perspective. It also provides an understanding of human development and behaviour, in contextual influences, including individuals in disadvantaged or special contexts. The theoretical inputs are to enhance the understanding of people's growth, health, and development at various stages as bio-psycho-socio-spiritual being over the life span.

#### **Course Outcome**

- CO 1    Learn in detail Human life span and principles of growth and development
- CO 2    Understand the details of Developmental stages of Human Life span
- CO 3    Understand the theories of Human Development and learning
- CO 4    Understand the theories of Basic Human Needs, motivation, Personality and intelligence

#### **Course Content**

##### **UNIT I**

Life Span: Beginning of life - Human reproductive system; Fertilization and Foetal development - Delivery and pre-natal and post-natal care and their importance in development.

Principles of growth and development - Methods of studying human behaviour, - Role of heredity and environment        - Social customs

traditions, values in parenting and child rearing practices, deprivation and development during stages of life span. Understanding of the Indian concept of life span stages.

## **UNIT II**

Developmental periods: Infancy, babyhood, childhood, puberty, adolescence - Growth, hazards, lifestyle effects

Adulthood - Growth, personal and social adjustment, health, sexuality, vocational and marital adjustment.

Aging - Characteristics, hobbies, adjustment, physical and mental health, death, dying and bereavement.

Special focus is on psychosocial development, moral development, and personality development vis-a-vis the influence of the contexts of development., (The contexts here refers to gender, family, significant others, neighbourhood: peers, school, community, work place and other larger contexts like the society and culture. Emphasis is placed on the Indian context of development, variations from the normal patterns of development and views on the stages)

## **UNIT III**

Theories of Human Development: A critical look at the theories of human development - Freud's psychosexual theory, Erikson's psychosocial theory, learning theories.

## **UNIT IV**

Basic human needs: Physical, psychological and intellectual needs, stress - Coping and social support.

Motivation, frustration and conflicts - Emotions and emotional behaviour. Personality: Definition, nature, types and assessment of personality.

Intelligence: Concept, levels of intelligence, influence of heredity and environment, assessment of intelligence.

Relevance of Psychology to social work practice across the stages of development, period specific needs, tasks and challenges.

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Odd semester Course Code: SWA060

**Title: SOCIAL WORK PRACTICUM - I**

**Course out Come**

- CO1 Understand the structure and functioning of NGOS
- CO2 Understand the details of intervention skills to work in NGOS

**Orientation** provides information

regarding.

- i. the importance and place of the practicum in the educational programme.
- ii. the purpose, functions and ethics in professional

practice.

In the first four weeks, the learners may make a local directory to include emergency numbers of Hospitals/ PHCs/ Police/ Panchayath Office and Network Agencies along with references to other developmental and welfare services in the location.

**Visits** - provide an exposure to and understanding of the services provided in responses to people's needs. (Agencies in health setting, education, community, institutional services, criminal justice system, civic administration, rehabilitation etc.)

**Structured experience laboratory** - is a classroom activity, which provides opportunities through the games/activities, to form the involvement of self in various practice skills. These laboratory experiences are designed in small groups to encourage participation, sharing of the experience and aid in examining learning and applications of skills. These sessions have a specific objective of experiencing self, and applying /using self in practice. (Relationship skills, Communication skills etc., will be focused)

**Concurrent practice learning of two-days a week** - on going learning of practice is an opportunity to develop intervention skills in reality situations. This entails learning social work practice for two, or two and a half days or its equivalent, each week of the semester. The learners may be placed in agencies or in communities to initiate and participate in direct service delivery. Practice learning is a vital component of the educational opportunity to be provided to the learner. The teaching-learning process must be designed to help the learner to move on the mastering strategies, skills and techniques to practice social work.

### **Even semester (II Semester)**

Course Code:  
SWB010

**Course Title: SOCIAL WORK RESEARCH AND STATISTICS**

#### **INTRODUCTION**

This course is to equip learners to utilize, and conduct research as service managers to improve services, evaluate, and develop new services and intervention methods: strategies and techniques and also, be an effective

consumer of other researches.

### **Course out come**

- CO 1 Understand the meaning, objectives and scope of Social Work Research
- CO 2 Understand in detail the Process of Social Work Research
- CO 3 Learn in depth Data Analysis and Interpretation
- CO 4 Learn the Application of Statistics in Social Wok Research

### **Course Content**

#### **UNIT I**

Science - Meaning and assumptions, scientific approach in comparison to the native or common sense approach.

Scientific attitude; Scientific method; application of scientific method for the study of social phenomena.

Research: Definition and objectives, Social Work Research: Meaning, objectives, functions and limitations; Scope of social work research in India; Agencies sponsoring and conducting social work research, ethics in research.

Problem identification: Criteria for the selection of research problem; Problem formulation.

Concepts, constructs, variables, conceptual and operational definitions. Hypothesis:

Meaning, importance, uses and requirements.

#### **UNIT II**

Design of research: Definition and importance; types of research design; exploratory,

descriptive, experimental, evaluative design, participatory research and action research.

Source and Types of Data: Primary and secondary, objective and subjective, qualitative and quantitative.

Sampling: Sample and population: Rationale and Characteristics of sampling; methods of sampling, general considerations in the determination of sample size.

Methods of collection of primary data:

Observation: Structured and unstructured; participant and non-participant. Questionnaire, interview schedule and interview guide. Pilot study and Pre-testing.

Scales: Need for scales, some prominent scaling procedures. Case study: Meaning, uses, steps.

Secondary data: Official data, personal documents, problem in the use of secondary data

### **UNIT III**

Processing of data: Content, editing, coding data classification, manual and mechanical tabulation of data; frequency distribution, diagrammatic and graphic presentation - use of computers.

Issues related to Social Work Research: Interpretation of data, research reporting: contents of research report: foot-note, references, bibliography, preparation of abstract; the art of making book review.

### **UNIT IV**

Statistics: Definition, functions and importance

Measures of Central Tendency; Measures of Dispersion.

Chi-square, Correlation Coefficient, 't' distribution; Analysis of Variance and 'F' distributio

n.

SPSS

package.

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Course Code: SWB  
020

**Course Title: MANAGEMENT OF DEVELOPMENTAL AND WELFARE SERVICES**

### **INTRODUCTION**

The course aims to develop management competencies to function in organizations, participate as a team member and understand the role of a social work programmes manager.

### **Course Outcome:**

- CO  
1 Deliberate in depth need for social welfare organization
- CO  
2 Learn the procedure of establishment of Human Service Organizations
- CO  
3 Understand the process of Management

CO 4 Learn in detail the concepts of Programme Development and Public Relations

## **Course Content**

### **UNIT I**

Social Services: Need for welfare and developmental organisations, Factors determining social welfare programmes, Development and Welfare organizations' response to societal needs; role of state, voluntary and corporate sector.

Management services: Types of settings, organizational characteristics like origin, nature, size, structure, and design, organizational climate and impact of socio-political environment - Management process: Vision, Planning, Organizing, Directing, Staffing, Coordination, Reporting, Budgeting.

Establishment: Registration, different types of legislations, legal status, constitution, rules and procedure, goals - Financial resources: Organizational Budget, Sources of finance, Fund Raising, Records, Audit.

### **UNIT II**

Physical: All activities related to acquiring, hiring and maintaining importable structure and infrastructure, maintenance of premises and daily upkeep.

Enhancing the involvement and the potential of people in organization's executive boards, committees; professionals and other staff-relationship, communication, team work, and facilitating team building, supervision, and participation in training.

### **UNIT III**

Programme Development: Programme management: long term, short term, and Documentatio  
n.

Project proposals based on felt-needs, nature of resources, eligibility criteria, records, evaluation and research. Impact analysis - Qualitative and quantitative.

### **UNIT IV**

Public Relations: Public relations need and its promotion by all in the organisation. Representing the organization, networking, public, corporate and voluntary sector, resource building, accountability, transparency, use of media for publicity.

Change and its Management: Understand and manage change, innovation in a rapidly changing social environment: for policy programmes and structure.

Organizational understanding: Conflict, conflict resolution, creating positive climate.

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Code : SWB030

**Title: SOCIAL WORK PRACTICUM -**

**II:**

**Course Outcome:**

- CO1 Identify in details with application, analysis of rural dynamics and observe the functioning of local self government
- CO2 Learn the Direct Practice with client system and ongoing management operations

**SOCIAL WORK CAMP:**

Rural/ Tribal camps with a duration of 7 - 10 days - provide opportunities to experience rural life, analyze rural dynamics, and observe the functioning of local self government and voluntary organisations. This experience aids peer participation in planning for activities for own group and those for local people. It also helps develop skills to carry out, evaluate, and report the experience.

**SUMMER PLACEMENT:**

Summer Placement - provides an opportunity to experience day-to-day work in a setting. The learner gets involved with direct practice with the client system and with the ongoing management operations of the setting. The time frame recommended for this experience is about three weeks, after the first year of the post-graduate programme. The learner may use the same setting for data collection of research project, if such an arrangement is part of the plan.

Code: SWB040

**Title : SOCIAL WORK PRACTICUM - III**

**Course Outcome**

- CO  
1 Understand the practice of Social Casework and Group Work
- CO  
2 Learn the details of Intervention skills in reality situations

Concurrent practice learning of two-days a week - on going learning of practice is an opportunity to develop intervention skills in reality situations. This entails learning social work practice for two, or two and a half days or its equivalent, each week of the semester. The learners may be placed in agencies or in communities to initiate and participate in direct service delivery. Practice learning is a vital component of the educational opportunity to be provided to the learner. The teaching-learning process must be designed to help the learner to move on the mastering strategies, skills and techniques to practice social work.



Even  
semester  
Course Code:  
SW220

**Course title: COMMUNICATION AND COUNSELING**

**INTRODUCTION**

This paper relates the relevance of components of communication and counseling in social work practice.

**Course Outcome**

- CO 1 Understand the meaning, importance, purpose and process of communication
- CO 2 Learn the use of Visual aids in communication
- CO 3 Understand the counselling situations and approaches
- CO 4 Specify the details of Practice of counselling in different settings

**Course Content**

**UNIT I**

Communication: Meaning and importance of communication.  
Process of communication: Key elements in the communication process - Communication, message, audience; channel of communication. Verbal and non-verbal communication.  
Basics of Communication.  
Education and communication for national development.

Interpersonal communication: Interviewing - Objectives, principles of interviewing; listening, qualities of effective communicator.

Seminars, conferences, lectures, group discussion, panel discussion, symposium, workshop, role playing, simulation exercises, written communication, report writing, letter writing, article/essay writing, games, brain storming, street play, field work exposure.

## **UNIT II**

Visual aids in communication: Poster making, use of notice boards, flip charts, charts, flash cards, photographs, pamphlets, slide shows.

Mass Communication: Television, exhibition, newspapers and magazines,

advertisements, radio, film, VCD/ DVD, e-mail, internet.

Impact of mass communication on society, family, marriage and child development. Communication Analysis and Planning: Planning and executing a communication

campaign on an issue using various methods of communication.

## **UNIT III**

Counseling: Definition, nature and goals, areas of counseling; Historical background and origins of counseling, ethical nature of counseling, qualities of an effective counselor.

Counseling Situations: Developmental, preventive, facilitative, and crisis. Counseling and Psychotherapy - Skills in counseling - Establishing the relationship.

Process of Counseling.

Approaches to Counseling: Approaches; Theoretical base, thrust, goals, key concepts, techniques - Approaches like person-centered, rational-emotive, behavioural approaches, gestalt, existential approaches, Egans three stage model, eclectic model.

Indigenous Approach: Indigenous approaches of help and self-help like yoga, reflection. Act of Prayashchit.

## **UNIT IV**

Couple and Family Counseling: Issues in such counseling, its process and stages.

Crisis

Counseling

Group Counseling: Counseling for groups - Process, advantages and disadvantages of group counseling.

Practice of counseling in family counseling centres, family courts, counseling bureau  
- Premarital and marital counseling, vocational counseling centres, mental health centres, child guidance clinics, correctional institutions, deaddiction and rehabilitation centres, educational institutions.

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Ledbetter, Frances and Doll, Ronald C. 1955
19. Robert, G. Madden 1998 Legal Issues in Social Work Counseling and Mental Health, Sage Publications India Pvt., Ltd.

**Course code:**

**SWB240**

**Paper Title: GANDHIAN APPROACH TO WELFARE AND**

### **DEVELOPMENT INTRODUCTION**

The course aims at sensitizing the learner to the Gandhian approach and to utilize some of the skills in practice.

### **Course Outcome**

CO1: Develop an understanding of Gandhi's concept of society and his approach to social transformation.

CO2: Develop knowledge of the specific programmes formulated by Gandhi for rural reconstruction and the development of the weaker sections of society, with the focus on strategies and skills.

CO3: Develop the ability to identify similarities and differences between the Gandhian and professional social work approaches to social change, welfare and development.

## **Course Content**

### **Unit I**

Gandhian thought: Salient features of Gandhian thought; Gandhian values; Concepts and methods; Concept of a healthy society; Sarvodaya.

### **Unit II**

Gandhian Approach: Economic and its organization: Ownership of property; Concept of trusteeship, distribution and economic equality; System of production, problems of mechanization, decentralization of production, rural- urban relationship

### **Unit III**

Social Organisation: Marriage and family, position of women, social stratification, caste and untouchability, education and its role; Basic education.

### **Unit IV**

Constructive programmes: Contents training of constructive workers, skills involved, nature of programmes; Bhoodan, Gramdan. Gandhian and Vinbobha's movements with special reference to Bhoodan and Gramdan

Gandhian and Professional Social Work Approach: Similarities and differences between Gandhian and professional approach to social development and welfare

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## **INTRODUCTION**

The course aims at enhancing personal and professional effectiveness by developing a continuous awareness and deeper insight into one's being. It encourages value clarification, upholding of professional ethics, and ability to make effective choices for integration. It provides opportunities to understand stress, stressors and methods to handle stress experienced.

### **Course Outcomes**

- CO1 Understand self and developing self awareness
- CO2 Understand the details of emotions and emotional expressions
- CO3 Understand in depth life skills
- CO4 Identify in depth Values, attitudes and professional ethics

### **Course**

#### **Content:**

#### **UNIT I**

Self and Self Awareness: Understand self through a cognitive construct/paradigm (two/three models from among those available may be offered as workshops). Suggested approaches are: Rational Emotive Therapy, Gestalt Approach, Transactional Analysis, Reality Therapy, Yoga for Therapy, Meditation Techniques.

Explore self as being, and understand the process of becoming. (through observation)

Practice consciously measures to sustain and experience continuous awareness. Observation and Reflection: Theory and techniques.

Communication Choices: Communication mode and patterns and effectiveness, Interpersonal communication, nature of choices made.

#### **UNIT II**

Emotions and their Expression: Emotions, nature of expression.

Understand own pattern of communication, choices made to express emotions, modes used, examine need for change.

Communication: Informal and knowledge and skills of rapid reading, writing, creative writing, report writing and public speaking.

#### **UNIT III**

Creativity and Self: Understand brain functions: Creativity, need and development Life Style: Conscious life style - enhanced life skills:

Communication, decision making, empathy, critical thinking, use of time and money, building and sustaining

bonds-relational, collegial and personal.

Self defeating behaviour - nature and impact. Choices for change.

#### **UNIT IV**

Values, Attitude and Professional Ethics: Values and attitudes - their role in life, Value conflict - its impact, value clarification.

Integration: Through Eastern and Western approaches experience the processes of integration. Approaches recommended are: Yoga as a science, meditation (tool for meditation - own choice).

Stress / Burn out - Self help Methods: Stress, Stressors, nature and impact of stress, its expression, and burnout.

Spirituality and Growth.

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Course code: SWB230

**Course Title: POPULATION AND ENVIRONMENT**

**INTRODUCTION**

The content has two aspects to it. Population dynamics and its relatedness to the environment, natural resources, utilization and their preservation.

**Course Outcome**

- CO1 Understand the classification and characteristics of population and population policy
- CO2 Understand the meaning and importance of population education
- CO3 Deliberate Inter relatedness of Population and environment
- CO4 Learn in details with application environment protection laws and role of social worker

**Course Content**

**UNIT I**

Characteristics of population: Population, determinants of growth. global concerns  
- Characteristics of Indian Population - Distribution by age, sex, literacy and occupation - Fertility trends - Birth and death ratio.

Population Policy, World Action Plan, Population Policy of India-Implementation; Initiatives - Government and NGO.

**UNIT II**

Family Planning: Objectives, scope, methods, implementation, mechanisms and progress.

Concept and Scope of Population education, family life education, sex education, and family planning education.

Population and Environment: Interrelatedness of human life, living organisms; Environment and natural resource - Environment, lifestyle, degradation. Environment management, maintaining, improving, enhancing - Current issues of Environment.

**UNIT III**

Natural Resources and Diversity: Utilisation and management - Forest, land, water, air, energy sources - Pollution - Sources, treatment, prevention - Soil, water, air, noise - Waste matter - disposal, recycling, renewal, problems, issues - Programmes for forest, land and water

management.

## UNIT IV

Environment Protection Laws and Role of Social Worker: Acts related to environmental protection - Forest conservation- Water pollution - Standards and tolerance levels - Unplanned urbanization- Environmental movements in India -

Role of NGOs in Environmental issues - Government agencies in environmental protection - Social work initiatives at different levels.

## REFERENCES

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### **semester (III Semester)**

Odd  
Semester

**Course code:**  
**SWC010**

**Course Title: HUMAN RESOURCE MANAGEMENT**

#### **INTRODUCTION**

The main objective of this course is to prepare young graduates for management and administrative positions in various industrial, business, governmental/non-governmental organisations and service sector organisations.

#### **Course Outcome**

- CO1 Learn the concept and philosophy of Human Resource Management
- CO2 understand the policies, sources and methods of talent acquisition
- CO3 Deliberate in details with examples Compensation Management
- CO4 Deliberate the changing scenario of strategic Human Resource Management

#### **Course Content** **UNIT I**

Human Resource Management: Concept, scope, philosophy and objectives; Evolution; Approaches, Structure and Functions; Line and staff relations of HRM; HRM Model. Hierarchy, formal and informal structure, Organization chart/reporting structure.

Human Resource Planning: Concept and objectives; Human resource inventory; Human resource planning process; job analysis; job description; job specification; job design; career planning and career paths; job rotation.

#### **UNIT II**

Talent Acquisition: Goals; polices, sources and methods. Selection:

Concept, process. Talent Acquisition Tests, Theories and issues in psychological testing, Intelligence testing - theoretical background, Aptitude Testing, Personality Assessment, MBTI. Placement, Induction and socializing the new employee. Talent retention: Concept, importance and methods.

### **UNIT III**

Compensation Management: Factors influencing compensation plans and policies; Job evaluation - Fixation of salary, components of salary. Pay for performance - Incentive Schemes, principles and types, Employee Stock Option Plan, compensation survey / review

### **UNIT IV**

Strategic Human Resource Management (SHRM): Business strategy and organizational capability, SHRM: aligning HR with Corporate strategy, Strategic HR planning and Development, Change Management and restructuring and SHRM, Corporate Ethics, Values and SHRM, Competencies of HR professional in a SHRM scenario.

### **REFERENCE**

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| 11. Moorthy,.M. V. 1992                              | Human Resource Management:<br>Psycho- Sociological Social Work<br>Approach, Bangalore, R & M<br>Associates. |
| 12. Pareek, Udai and<br>Human<br>Rao, T. V. 1982     | Designing and Managing<br>Resources, New Delhi, Oxford & IBH.   |

**Odd semester**

**Code: SWC020**

**Title: SOCIAL WORK PRACTICUM -  
IV**

**Course Outcomes:**

- CO 1 Understand the structure and functioning of Industry/Hospitals/Human Service Institutions
- CO 2 Learn in depth Intervention and managerial skills

Workshops: Skills Development - help learners acquire specific skills for situations encountered during practice and acquire skills for intervention. These may be for problems/ concerns, issues or situations like work with alcoholics, HIV/AIDS affected persons, adolescents for life skills development, youth for leadership development and couples for marital relationship and enrichment work with elderly. These workshops are to enhance skills/ develop new skills for practice in specific situation, specific problems and issues.

Concurrent practice learning of two-days a week -on going learning of practice is an opportunity to develop intervention skills in reality situations. This entails learning social work practice for two, or two and a

half days or its equivalent, each week of the semester. The learners may be placed in agencies or in communities to initiate and participate in direct service delivery. Practice learning is a vital component of

the educational opportunity to be provided to the learner. The teaching-learning process must be designed to help the learner to move on the mastering strategies, skills and techniques to practice social work

**Course code SWC030**

**Course Title: EMPLOYEE RELATIONS AND LEGISLATION**

**INTRODUCTION**

The purpose is to provide an in-depth knowledge about the relationship between employer, employee and the state, to bring out the importance of cordial employee relations for organizational productivity and gain an understanding of the mechanism of inter-personal relations,

collective bargaining and productivity improvement functions in the organisation through involvement of all groups.

**Course outcome**

- CO1 Identify in details with application concept, philosophy and principles of employee relations
- CO2 Understand in depth process of collective bargaining
- CO3 Learn the employee legislations
- CO4 Deliberate on functioning of trade unions in India

**Course Content**

**UNIT I**

Employee relations, History of industrialization in India - Issues related to employees in organized and unorganized sector.

Concept, Definition, Philosophy and Principles of employee relations. Employee relations with special reference to Occupation - Safety - Health and Environment (OSHE) Education.

Analysis of the terms 'industry' and 'industrial dispute', industrial discipline - misconduct, disciplinary proceedings.

Domestic Enquiry: Contents and Process, Principles of Natural Justice, Tribunal; Discharge/Dismissal.

## **UNIT II**

Trade Unions: Trade Unionism in India, emergence, history and growth, Trade Union as an organization - Various Trade Unions in India, Trade Union policies, Role of Trade Unions in India, Employers' Associations - Objectives, structure and activities. Contemporary issues in employee relations.

## **UNIT III**

Employee Legislations: - The Payment of Bonus Act, 1965, Employees Provident Fund (and Misc. Provisions) Act 1952, Workmen's Compensation Act 1923, Employees State Insurance Act 1948, Payment of Gratuity Act, 1972, Child Labour (Prohibition and Regulation) Act, 1986. Fundamentals of Labour laws, The Constitution of India: Preamble, Fundamental Rights including writs, Directive Principles of State Policy, The Factories Act 1948, The Contract Labour (Regulation and Abolition) Act 1970, The Minimum Wages Act 1948 and The Payment of Wages Act 1936; The Apprentices Act, 1961, The Maternity Benefit Act 1961.

## **UNIT IV**

The Trade Union Act 1926, The Industrial Employment (Standing Orders) Act 1946, The Industrial Dispute Act 1947, The Employment Exchanges (Compulsory Notification of Vacancies) Act 1958. Introduction to Right to Information Act, Intellectual Property Rights, Patent Law, Copyrights, Trademark Law.

Collective Bargaining: Definitions, characteristics, critical issues in collective bargaining, theories of collective bargaining, Hick's Analysis of Wages setting

under collective bargaining, conflict-choice model of negotiation, Behavioral Theory of Labor Negotiation, Collective Bargaining in India, Collective bargaining in practice, levels of bargaining, coverage and duration of agreements, administration of agreements, negotiating a contract, the negotiation process, effective negotiation, negotiation and collective bargaining, post negotiation - Administration of the agreement.

Employee relations in knowledge based industry - Concepts of self-managed teams (SMT) - Changing employee/ employer and trade union relationship. Current rules of Taxation of Salaries.

Labor Welfare Officer - Duties and functions; Social Work in Industry.

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## **SWC040**

**Course Title : SOCIAL WORK WITH TRIBAL AND RURAL COMMUNITIES.**

### **INTRODUCTION**

This course aims at introducing the learner the programmes of tribal and rural development, and the importance of social work practice with tribal and rural communities.

### **Course Outcome**

CO1: Develop an understanding of tribal and rural communities.

CO2: Understand the characteristics and problems of tribal and rural communities. c. CO3: Acquire knowledge about the contribution of Governmental and Non-

governmental organisations to tribal and rural development.

CO4: Develop an understanding of the functions of Panchayath Raj Institutions with particular reference to Karnataka.

CO5: Gain knowledge about the application of social work in tribal and rural development programmes.

### **Course Content**

#### **UNIT I**

Tribe in relation to caste and nation - Nature and Characteristics of Primitive

Cultures- Tribes in India and their ecological

distribution.

Emerging Trends in Tribal Social Institutions - Family and Kinship Systems, Jati

Structure, Economic Structure, Political organisations.

Characteristics of Tribal Society - Economic, Social, Political and Cultural Problems of Tribal Life.

#### **UNIT II**

Government Programmes since Independence and their Impact on Tribal Societies - Programmes of Voluntary Agencies and their Impact on Tribal Societies.

Analysis and Assessment of Tribal Community Problems - Special Problems of the

Tribals in a particular area.

Social Work Practice in Tribal Development: Community organisation as a method of intervention, Participatory Rural Appraisal (PRA), Logical Framework Approach/Analysis (LFA), techniques of

intervention and its scope in tribal community development.

### UNIT III

Rural Society and Poverty - Historical perspective - Dynamics in the village society - Caste/class relationships - Control and Power, Conflict and Integration. Poverty in the rural context - Its nature and manifestations. Analysis of Basic Problems - Issues faced by the rural poor such as indebtedness, Bonded labour, Low wages, Unemployment, Underemployment, and other forms of exploitations.

### UNIT IV

Current Rural Development Programmes in India: Council for the Advancement of People's Action and Rural Technology (CAPART) and other Rural Development Statutory Bodies.

Panchayath Raj System in Karnataka and its role in rural and tribal development. Role of social worker in tribal and rural development

programmes. **REFERENCES:**

1. Barnabas, A. P. 1987 Rural Community Development in India, In Encyclopedia of Social Work in India, Vol. II, New Delhi: Ministry of Welfare, Government of India,
2. Bhalla, Alok and Images of Rural India in the 2nd Century, Bumke, Peter J. (Eds) 1992 New Delhi; Sterling Publishers Pvt. Ltd.
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Sexually Transmitted Diseases (STDs), HIV/AIDS. Cancer, Hypertension, Accidents, Diabetes, Blindness, Neurological problems, Mental illnesses.  
Maternal and Child Health Services - Immunization - Integrated Child Development Services (ICDS) Scheme - School health programmes.

### **UNIT III**

Medical Social Work: Meaning, Definition and Scope - Historical background and nature: Medical Social Work in India and Abroad - Team work and Multidisciplinary approach in health care; Organization and administration of medical social work departments in hospitals.

Patient as a person and Role of Social Worker: Understanding the patient as a

person; Illness behaviour and treatment behaviour of the patient - Impact of illness on the patient and family.

Role of social worker with patients and their families - Rehabilitation.

### **UNIT IV**

National Health Policy of India, Directorate General of Health Services, Indian Council of Medical Research (ICMR), Health as a concurrent subject.

Health System in India - at the Centre, at the State level, at the district level, and village level. Health Education and Communication.

Voluntary Health Agencies in India - International health - World Health

Organisation (WHO), UNICEF, UNDP, FAO, ILO, World Bank.

Non - governmental and other Agencies - Ford Foundation, CARE, International

Red Cross, Indian Red Cross.

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**Course code:**

**SWC250**

**Course Title: REHABILITATION AND AFTER CARE**

### **SERVICES INTRODUCTION**

Rehabilitation of differently abled people is a noble and worthy endeavor, requiring the combined knowledge of the psycho-social theory and practical skills and techniques of social work. The current paper facilitates social work students to work with the specific group of clientele suffering from various types of disabilities and impart application of specific professional social work methods to cater to the needs of this population.



## **Course Outcome**

- CO1: Understand the concept of handicap, rehabilitation and the scope for practice.
- CO2: Identify the specific client categories requiring the rehabilitation services, problem specificity and rehabilitation service interventions.
- CO3: Acquaint with different rehabilitation settings, different therapeutic approaches to rehabilitation process.
- CO4: Acquire the social work skills adapted to facilitate the process of rehabilitation, the rights and legal provisions provided for differently abled people and assimilate the knowledge of social work practice to disability specific client service.

## **Course Content**

### **UNIT I**

Rehabilitation: Definition and scope for social work interventions; definition of Impairment, Disability, Handicap; causes of Handicap - heredity, acquired, Major illnesses - physical, neurological and psychiatric Stress, vulnerability, coping and competence to deal with handicaps; Need for comprehensive rehabilitation - psycho-social rehabilitation

### **UNIT II**

History, philosophy and principles of psycho-social rehabilitation; specific problem areas - physical handicap - vision, hearing, orthopedic, speech and language difficulties, mental retardation and others; neurological, psychiatric problems, disasters, alcohol and drug usage, terminal illnesses and any other.

Intervention in rehabilitation: Assessment, planning, intervention, evaluation, tools for assessment, follow-up services.

### **UNIT III**

Rehabilitation Settings: Hospital based, day-care, night-care, quarter-way home, half-way-home, group home, hostels, long-stay homes, vocational guidance centre,

sheltered workshop, occupational therapy centre, community based rehabilitation centre, home care, inclusive education and others

Approaches: Therapeutic community, behavior modifications, transactional analysis

and eclectic  
approach

#### **UNIT IV**

Practice of Social work methods in the process of rehabilitation: Case work, group work, community organisation, research, administration and social action.

Legal provisions for differently abled people - The Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act 1995, Rehabilitation Council of India: Formation, scope and functions, governmental policies and programmes, initiatives from the non-governmental sectors.

International trends and national initiatives in the rehabilitation scenario.

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**Course code:**  
**SWC230**

**Course Title: SOCIAL POLICY, PLANNING AND DEVELOPMENT**

### **INTRODUCTION**

The course introduces the learner as to how policy is a link between Constitutional Principles, Development Plans, Legislative and Executive Actions. The analysis of these processes is to enable utilization of the knowledge to improve social work practice.

Further, it provides a critical and analytical framework to understand key concepts, development processes and current issues, pertaining to different parts of the world, with specific reference to India. This course is expected to provide the social work students with a context for micro-level interventions.

### **Course Outcome**

- CO1 Understand in detail concept and purpose of social policies and values underlying social policy
- CO2 Learn in detail sectoral policies in India
- CO3 Learn the social planning process
- CO4 Learn in detail the concept of social development and Indicators of development

### **Course Content**

#### **UNIT I**

Social Policy and Constitution: Concept of social policy, sectoral policies and social services - Relationship between social policy and social development-- Values underlying social policy and planning based on the Constitutional provisions (i.e. the Directive Principles of State Policy and Fundamental Rights) and the Human Rights - Different models of social policy and their applicability to the Indian situation.

#### **UNIT II**

Sectoral Social Policies in India: Evolution of social policy in India in a historical perspective-Different sectoral policies and their implementation, e.g. Policies concerning education, health, social welfare, women, children, welfare of backward classes, social security, housing, youth, population and family welfare, environment and ecology, urban and rural development, tribal development and poverty alleviation.

### UNIT III

Social Planning: Concept of social planning - Scope of social planning - the popular restricted view as planning for social services and the wider view as inclusive of all sectoral planning to achieve the goals of social development - Indian planning in a historical perspective - The Constitutional position of planning in India. Niti Ayog - Coordination between Centre and State, need for decentralization - Panchayath Raj - people participation.

### UNIT IV

Social Development: Concept of social development - Current debates of development - Approaches to development - Development indicators.

Social Development in India: The historical and social context of development in India - Demographic transitions - Rural development: Agrarian and land reforms; Green Revolution - Industrialization and urban development - Labour relations-Gender issues - Environmental issues (land, water, forest) - Education - Health.

### REFERENCE S

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- Society, Spieker. 1998 London: Routledge.
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**Course code:**  
**SWC240**  
**Course Title: LEGAL SYSTEM IN INDIA**

## **INTRODUCTION**

The course is to help learners understand the legal system and procedures in India. It supports understanding the processes in public interest litigation and develops skills for the same.

## **Course Outcome**

- CO1 Learn in depth concept of social justice and understanding of Rights
- CO2 Understand the divisions of law and chapters under IPC and CRPC
- CO3 Understand the details of structure and functions of District Court, High Court and Supreme Court



CO4 Deliberate on legal aid, Public Interest litigation , Right to Information Act and Correctional Laws

## **Course Content**

### **UNIT I**

Social Justice: Meaning and Concept; Social legislation: Meaning, definitions and concept. Social justice as an essential basis of social legislations; Social legislations in a welfare state with special reference to India.

Rights: Concept and definitions of Rights; types of Rights; Rights of women and children; Rights of Scheduled Castes and Scheduled Tribes; Rights of accused and offender under Constitution of India, Indian Penal Code and Criminal Procedure Code.

### **UNIT II**

Division of Law: Substantive Law and Procedural Law.

Legislations pertaining to Social Institutions: Marriage, divorce, maintenance of spouse, adoption.

Legislations for prevention of Crime and Deviance: Indian Penal Code (relevant chapters like of Offences against Public Tranquility, of Offences affecting the Public Health, Safety, Convenience, of Decency and Morals, of Offences relating to Religion, of Offences affecting the Human Body, of Offences relating to Marriage, of Cruelty by Husband or Relatives of Husband)Legislations pertaining to women.

### **UNIT III**

Criminal Justice System in India:

Police: Structure, powers and functions and their role in maintaining peace and order in the society.

Prosecution: Meaning, structure, its role in criminal justice, trial

participation. Judiciary: Supreme Court, High Court - Constitution of

Supreme Court and High Court: Powers and functions.

Sub-ordinate Courts - District Sessions Court, Magistrate Courts, and other subordinate courts.

### **UNIT IV**

Correction and Correctional Laws: Corrective measures as per Criminal Procedure Code, Probation of Offenders Act, Juvenile Justice (Care and Protection of Children) Act.

Legal Aid: Concept of legal-aid, history of legal-aid, persons needing legal-aid, legal-aid schemes.

Public Interest Litigation: Meaning, Concept, Process and Problems. Right to Information Act- Provisions and implementation.

Role of Social Worker: Social Work intervention, need, methods.

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- Solutions, New Delhi: Deep and Deep.
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## **SWC510**

### **Course Title: GERONTOLOGICAL SOCIAL WORK**

#### **INTRODUCTION**

Changing demographic profile in India has led to rise in the number of elderly as never before. Along with the enhanced longevity, a number of issues related to care and management of elderly have come into focus. Social work as a profession concerned with providing professional service to the needy, has recognized the need to address the concerns of the senior citizens. The paper envisages training the learners in professional social work practice with the elderly.

The paper focuses on senior citizens as target client group for social work intervention; the paper deals with the issues, concerns, problems and social work methods in facilitating healthy adaptation of the client group in the current Indian context.

#### **Outcomes**

- CO1: Get an overview of the perspectives on aging and scope for practice.
- CO2: Understand the various challenges related to aging, healthy aging and problems of the elderly in difficult situations.
- CO3: Identify agencies working with elderly, the different care settings and issues in working with elderly in different settings and gain an insight into process of working with elderly.
- CO4: Train the learners in applying specific social work intervention
- CO5: Understanding of National Policy on Older Persons, and the role of International and NGOs in improving the quality of life of the elderly.

#### **Course Content**

##### **UNIT I**

Gerontology - Definition and scope. Understanding the elderly - demographic, developmental, psychological, socio cultural, economic, and health perspectives. The issues pertaining to elderly- health, occupation, income, retirement planning, family support, gender issues, property Rights and any other

##### **UNIT II**

Developmental tasks in elderly: Issues in health care, changes in family structure, coping with aging process, challenges due to changing physiological, economic, safety, status in the family and other issues, Healthy aging, quality of life, coping with demise of the life partner, bereavement, resolving one's own death, and any other.

##### **UNIT III**

Care settings for elderly: General hospitals, geriatric wards/ hospitals, home-based care, homes for the aged, nursing homes, day-care-centers, hobby centers, and facilities for homeless elderly, elder helpline, and senior citizen forum.

Tools for assessment of the problems of elderly, intervention and follow up services and evaluation.

#### **UNIT IV**

Social work intervention measures for senior citizens through methods of social work: Case work, group work, community organisation, welfare administration, social work research, social action

Care giver issues - Needs, burden, coping and training; training for caregivers of institutions for the elderly

National Policy on Older Persons, Legal and governmental welfare benefits for senior citizens, Role of HelpAge India and other prominent Organisations working for elderly.

International scenario

#### **REFERENCE**

##### **S**

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Serial Publishers.
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Coping with Retirement, UNESCO CLUB, Naganur, Belgaum

### **JOURNALS.**

1. Indian Journal of Gerontology, C-207, Manu Marg, Tilak Nagar, Jaipur  
302  
004
2. R & D Journal of Helpage India . C-14, Qutab Institutional Area, New Delhi,  
110016.

**Open  
Elective  
Paper Code:  
SWC610  
Paper Title: SOCIETY AND SOCIAL WORK**

### **INTRODUCTION**

This course aims at introducing the learner to the dynamics of society, nature of human behavior, basic concepts of social work and its interventions. Understanding of these concepts in this course will help the students to understand the Individual

### **COURSE OUTCOME**

- CO1 Understand in depth on society and its institutions
- CO2 Understand in details on the different concepts of psychology
- CO3 Specify the characteristics of mental health and mental disorders
- CO4 Deliberate in details on social work interventions, methods and fields of social work

### **Course content**

#### **UNIT I**

Society & its Institutions: Meaning and components of society, origin and development, characteristics of Indian society; Social Institutions: concept, forms - Family, Marriage, Kinship, Religion, Education, Media & Culture, Emerging trends.

Social Inequalities & Problems : Concept, causes and consequences, disadvantaged & marginalized groups : SC, ST & OBC, women, children, aged, unorganized labour, physically and mentally challenged, substance

abuse, HIV / AIDS, sexual harassment, human trafficking, alienation – causes, consequences, preventive & remedial measures.

## **UNIT II**

Psychology : concept, scope & importance; Basic Human Needs : Physical, psychological, social and intellectual. Motivation, frustration and conflicts – their impact on behaviour; Stress – concept, coping and social support; Group psychology, attitudes, public opinion, mob behavior, leadership.

## **UNIT III**

Mental Health : Concept of mental health and mental illness, common misconceptions about mental illness; types of disorders - Neurosis, Psychosis, Psychosomatic disorders, Psychopathic personalities and perversions, Personality disorders, Delusional disorder, Epilepsy, Suicide, Organic psychotic conditions – signs, symptoms & intervention.

## **UNIT IV**

Social Work Interventions : Social Work: concept, definition, principles, values, ethics, methods and interventions of Social Work ; Different fields of Social Work, Social Service, Social Services, Social Welfare, Social Reform and Social Development; Welfare and developmental services in Indian Society, role of government, NGOs and the corporate sector.

## **REFERENCES**

- Bhushan, Vidya and Sachdev, D.R. 1999 *An Introduction to Sociology*, Allahabad, Kitab Mahal.
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Shankar Rao. C.N. 2005	<i>Introduction to Sociology</i> , Himalaya Publishing House, New Delhi.
Hurlock, Elizabeth B. 1978	<i>Child Growth and Development</i> , New Delhi, Tata McGraw-Hill Publishing Company Ltd.
Hurlock, Elizabeth B. 1975	<i>Developmental Psychology</i> , New Delhi, Tata McGraw-Hill Publishing Company Ltd.
Nataraj P.	<i>Introduction to Psychology</i> , Chetana Book House, Mysore.

**Course code**  
**SWD060**

**Course Title: ORGANIZATIONAL BEHAVIOUR AND ORGANIZATIONAL DEVELOPMENT**

**INTRODUCTION**

The course aims to provide an understanding of human behavior at work so that the learner may acquire the skills required to analyze problems and develop a problem-solving approach.

**Course Outcome**

- CO 1 Deliberate in depth organizational behaviour and need for training
- CO 2 Specify the significance of transactional analysis and theories of motivation
- CO 3 Understand group dynamics and organization development
- CO 4 Deliberate in depth on organizational change, stress and burnout

**Course content**

**UNIT I**

Conceptual Framework: Organization Behavior: Definition, concept, approaches and scope, historical background of Organization Behavior.

Introduction to Enneagram, personality types according to Enneagram. Emotional Intelligence; Attitude, Values, Personality; Job satisfaction,

Employee Morale : Meaning, influences and outcomes - Measuring job satisfaction.

Assertiveness Training: Benefits of assertiveness - components of assertive behavior, measuring assertiveness, handling fear, handling anger, handling depression, developing assertive behavior skills, assertiveness on the job, assertiveness in interpersonal relations.

## **UNIT II**

Transactional Analysis ( TA), TA and self awareness, Winners and Losers, Structural analysis, Life positions, transactions, games and strokes, Life scripts, TA applications in motivation, Leadership and Teamwork, TA in counseling.

Motivation: Concept and theories, techniques of motivation, role of reinforcement and punishment, motivation and organization reward system, awards, employee empowerment and engagement.

## **UNIT III**

Leadership: Meaning, roles, skills, and styles, leadership theories, types of leadership, powerful persuasion strategies.

Group dynamics: Concept, types of groups, dynamics of group formation, decision making in groups.

Organization Development: Concept, emerging approaches and techniques, Foundations of OD, Organizational Diagnosis, OD interventions - An overview, individual and interpersonal interventions, team/group interventions, comprehensive interventions, organizational transformation, success and failure of OD, Planned Organizational change, feedback and OD.

## **UNIT IV**

Organizational Conflict: Concepts, causes and types, conflict-resolution strategies.

Organizational change: Concept, forces of change and resistance to change, managing organizational change and diversity, facilitating creative and divergent thinking, planned organizational change.

Stress and Burn Out: Concepts, causes, consequences and coping strategies. Managerial Ethics: Individual ethics, ethical dilemmas in management, Ethical practices of Indian Managers, Corporate ethics.

## REFERENCES

1. Andrew, Dubrin J, 2006                      Leadership - Research Findings, Practice, and Skills, New Delhi, Biztantra Publication.
2. Aswathappa K, 2008                      Organisational Behaviour- Text, Cases and Games, Mumbai, Himalaya Publication House.
3. Donald, Hislop, 2007                      Knowledge Management in Organisation- A Critical Introduction, Oxford University Press.
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11. Northouse Peter G, 2003                      Leadership- Theory and Practice, New Delhi, Response Books: A Division of Sage Publications.
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13. Ryan, Rosemary K C, 2008                      Leadership Development- A Guide for HR                      and Training Professionals,

New Delhi, Elsevier Publications.

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Leadership- Styles, Role Models, Qualities, Behaviours, Concepts, New Delhi, Kogan Page India Pvt., Ltd.

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Organisational Behaviour, Mumbai, Himalaya Publications House.

### **Even semester (IV Semester)**

**Course code: SWD 020**

**Course Title: MENTAL HEALTH AND PSYCHIATRIC SOCIAL WORK**

#### **INTRODUCTION**

This course is to provide awareness about mental health and mental health problems and also application of social work in mental health settings.

#### **Course Outcome:**

- CO1 Learn the details of concept of Mental Health, Mental Illness and its classification
- CO2 Understand the concept of psychiatric Social Work and Multidisciplinary approach and team work
- CO3 Learn about the institutional care of mentally ill and role of social workers
- CO4 Understand the psycho social rehabilitation and legislations related to mental

Health

## **Course Content**

### **UNIT I**

Concept of mental health and mental illness - Mental health as a part of general health - Misconceptions about mental illnesses. General approaches to the mentally ill - International Classification of Mental Disorders.

Signs, symptoms, etiology, diagnosis, prognosis and management of the following:

- Neuroses
- Psychoses
- Psycho physiologic disorders
- Personality disorders
- Psychiatric disturbances in children and adolescents
- Organic psychotic conditions
- Mental retardation.

### **UNIT II**

Introduction to Psychiatric Social Work: Meaning and Scope - Historical background of psychiatric social work in India and abroad - Reasons for its development as a specialty. Application of social work methods and other related techniques used in the field - Multi-disciplinary approach and team work in mental health care - Problems of hospitalization - Impact of mental illness on the patient, family and community.

Practice of Social Work: Importance of home visit and visit to the place of work

- Role of family in the treatment of mentally ill - Preparing the family and community for the return of the affected individual, follow-up.

### **UNIT III**

Care of mentally ill: Day-care centre, night-care centre, half-way-home, sheltered workshop, Occupational therapy units - Role of social worker and role of voluntary organisations.

Role of voluntary organisations, governmental-agencies and paraprofessionals in the welfare of mentally ill.

Role of social worker in mental health centers, departments of psychiatry in general hospitals, child guidance clinics, community mental health units, correctional institutions, industries, and family welfare centres.

Role of social worker with head injured, paraplegics and epileptics.

Role of social worker in the management of substance abuse - Educational avenues in psychiatric social work - Research avenue in the field of mental health for social workers.

#### **UNIT IV**

Organisation of psychiatric social work department - Functions; and collaboration with other departments.

Community mental health and social work, NMHP, Innovations like Satellite clinics, district mental health programme etc.

Rehabilitation and Acts: Occupational therapy - Principles and practice - Psychosocial rehabilitation.

Mental Health Act, 1987.

The Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act, 1995.

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Retarded, New York: Free Press.
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12: Social Work in Medical and  
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**D030**

Title: **SOCIAL WORK PRACTICUM -  
V**

Course Outcome:

CO1 Learn managerial skills

CO2 Ability to initiate and participate in direct service  
delivery

Concurrent practice learning of two-days a week - on going learning of practice is an opportunity to develop intervention skills in reality situations. This entails learning social work practice for two, or two and a half days or its equivalent, each week of the semester. The learners may be placed in agencies or in communities to initiate and participate in direct service delivery. Practice learning is a vital component of the educational opportunity to be provided to the learner. The teaching-learning process must be designed to help the learner to move on the mastering strategies, skills and techniques to practice social work.

Even  
semester

Code:

**SWD040**

**Title: SOCIAL WORK PRACTICUM - VI: (BLOCK  
PLACEMENT)**

Course Outcome:

- CO1 Understand to Initiate on the job training
- CO2 Integrate learning, generate new learning by participating in the intervention process

Course content:

Block Placement - enables learners to integrate learning and generate newer learning by participating in the intervention process over a period of 6 weeks continuously, in a specific agency. Usually, block field work is provided at the end of the two-year programme. There shall be a professionally qualified worker in the setting willing to plan orientation and provide consultation, when needed.

**Code SWD050**

**Title: MAJOR PROJECT**

**Course Outcome:**

- CO1 Understand in depth on empirical evidence based project
- CO2 Deliberate the project is prepared on the Social Work Research Methodology

**Course content:**

Students are given broad guidelines for undertaking empirical evidence- based project in the fourth semester. In case of group project work, the group will be formed by the college or the university department by adopting random method of selection. The project shall comprise of selection of the topic, methodological details, analysis, interpretation and deductions made. The department will prepare a set of guidelines for presenting the report.

**Course code: SWD210**

**Course Title: HUMAN RESOURCE DEVELOPMENT AND EMPLOYEE WELLNESS**

## **INTRODUCTION**

The purpose of this course is to provide practical exposure and knowledge in behavioural science to develop skills not only to understand and analyse problems but also to develop a problem-solving approach to issues.

### **Course Outcome**

- CO1 Understand concept, approaches and dimensions of Human resource development
- CO2 Deliberate in depth on HRD Interventions
- CO3 Learn in details with examples concept and importance of talent development
- CO4 Deliberate on employee wellness and standardization of systems

### **Course Content UNIT I**

**Human Resource Development (HRD):** Concept, origin and needs for HRD; Overview of HRD as a Total system; Approaches to HRD; human capital approach; social psychology approach and poverty alleviation approach; HRD and its dimensions, Competency Mapping.

### **UNIT II**

**HRD Interventions:** Performance Measurement Systems - Fundamental issues. Feedback sessions. Organizational goal setting process, Key Result Area (KRA) and Key Performance Indicator (KPI), Coaching, Mentoring, career planning, career development, reward system, quality of work life. HRIS: - Computers and computer based Information Systems. Measuring HR : Changing role of HR, HR as a strategic partner, the need for measuring HR. Approaches to measuring HR: - Competitive Benchmarking, HR Accounting, HR Auditing, HR Effectiveness Index, HR Key Indicators, HR MBO (Management by Objectives).

Instructional Technology: Learning and HRD; Building Learning Organization: measuring learning - the intellectual capital, architecting a learning organization, Organizational Learning, models and curriculum; factors and principles of learning; group and individual learning; HRD trends; behavioural sciences; transactional analysis; Concepts of continuous learning, behavior modeling and self-directed learning;

evaluating the HRD effort; data gathering; analysis and feedback; HRD experience in Indian organizations; future of HRD  
- Organization culture and development.

### **UNIT III**

**Talent Development:** Concept and importance; Training Need Analysis, process of training, designing and evaluating training and development programs. Use of information technology, Types and Methods of Training: Training within industry (TWI), External; on the job and off the job; Training methods; lecture, incident process, role play, structured and unstructured discussion, in-basket exercise, simulation, vestibule, training, management games, case study, programmed instruction, team development, and sensitivity training; review of training programs.

### **UNIT IV**

**Employee Wellness:** Concept, philosophy, principles and scope; Importance and relevance of wellness programs, Role of Welfare Officer as per the Factories Act 1948. Relevance - with reference to Accidents, Absenteeism, Alcoholism, Domestic Violence: Preventive and remedial measures.

Employee Counseling. Role of Counselor in Organizations.  
Corporate Social Responsibility (CSR): CSR as a business strategy.

Environmental management systems ISO 14001, ISO 26000: Social responsibility guidance standard, environmental impact assessment.

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**Code: SWD220**  
**Title: CASE STUDIES**

**Course Outcome:**

- CO1 learn the analytical skills to study an individual, an Institution, a community
- CO2 Understand in depth Social Work Research Methodology

**Course Content:**

Every Candidate is expected to take up five cases, study them in depth and present the intervention, if any. Case refers to a unit of study - an individual, an institution, a community or an incident. The candidate has to work under the guidance of faculty member and submit the report on or before the date prescribed.

The university or the college concerned can develop guidelines for undertaking case studies. However, the students are encouraged to start his/her work on case studies from the beginning of the course.

### **PATTERN OF QUESTION PAPER**

(The Question paper comprising of 3 parts: A,B and C as follows)

#### **PART – A**

There are 8 questions and a candidate has to answer any 5 questions. Each question carries 5 marks. This part covers all units of the syllabus.

#### **PART – B**

There are 5 questions and a candidate has to answer any 3 questions. Each question carries 10 marks. This part covers all units of the syllabus.

#### **PART –C**

There is a single compulsory question such as case study (may contain sub questions) covering entire syllabus carrying 15 marks.

**ASSESSMENT OF SOCIAL WORK PRACTICUM**



A viva-voce examination shall be conducted for each candidate in all semesters. The performance of the candidate shall be assessed by a committee consisting of three members as follows.

1. Chairperson of the Department
2. One Senior Member of the Faculty
3. One External Examiner

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### **Components for Internal Assessment**

1. Seminar – 5 marks
2. Assignment – 5 marks
3. Test – 5 marks

\*C1 will be conducted before the end of eight week of the semester( 15 marks)

\*C2 will be conducted before the end of the sixteenth week of the semester (15 marks).

\*C3 semester end examinations will be conducted before the end of twentieth week for 70 marks.